



BREAKFAST

CONTINENTAL

Freshly Baked Muffins
Danish & Croissants
Fruit Preserves & Butter
Sliced Fresh Fruit
Assorted Yogurts

RISE & SHINE

Low Fat Muffins
Vanilla Yogurt Granola
Parfait
Peach/Strawberry Medley
Cottage Cheese
5 Grain & Rye Bread Toast
Preserves & Butter

ON THE GO

Assorted Cereals
Selection of White & Whole
Wheat Toast
Fruit Preserves & Butter
Fresh Fruit Cocktail
Assorted Low Fat Yogurt
Berry Breakfast Smoothies

MORNING FIESTA

Muffins, Croissants, Danishes
Fruit Preserves & Butter
Sliced Fresh Fruit
Cheese & Roasted Pepper
Omelette
Home Fried Potatoes
Grilled Roma Tomatoes

CHIMO HEALTHY CHOICE

Assorted Bagels
Low Fat Cream Cheese
Butter & Preserves
Sliced Swiss & Cheddar Cheese
Hard Boiled Eggs
Sliced Fresh Fruit

Enhance any Breakfast Buffet with the following options:

Grilled Tomatoes
Low Fat Scrambled Eggs with
Chives
Country Style Sausages
Sliced Fresh Fruit
Multigrain Pancakes
Western Style Omelettes
Hot Oatmeal
Smoked Bacon
Cold Cereal Station
Eggs Benedict
Home Fried Potatoes

Florentine Frittata
Smoked Salmon with Capers
Chef attended Omelette Station
Wild Berry Smoothies
Assorted Fruit Yogurts
Whole Seasonal Fruits
Assorted Granola Bars
Fruit Skwerers with Vanilla
Yogurt & Dip
Assorted Muffins
Fresh Baked Croissants

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